### A BOX FROM HOME



Food savings of millions of Americans during our first year of war enabled this government to send enormous food shipments abroad for our fighting forces and the Allied nations. Our savings in cereals—out of a short crop—amounted to 154,900,000 businels; all of which was shipped to Europe. We increased our meat and fat shipments 844,600,000 pounds. This was America's "box from home" to our army abroad and the civilians and military forces of the

### THE SUPREME SACRIFICE

Ves G. Brown, a son of Dan Brown, was a young farmer, thirty years of age, and lived in the Quail section. He answered the call for Over Sea Service under the Selective Draft, and last week answered the last call, and made the Supreme Sacrifice on the western front, giving his all to protect our County, our Home, and our Flag. This is as much a loss of one of our citizens as if a Hun tramp had taken possession of a part of the fieln in which Mr. Brown was working and when he tried to drive him away, the Hun had shot and killed him. Had this happened in our country, we would all have been up in arms to avenge the blood of our neighbor and friend. Distance should make no difference, except to intensify our feelings of resentment.

The effect of the War has come to us more forcibly because of the lass of one of our Rockcastle County boys, so let us be up and doing; let us take-the solesue outh to do our part; let us sow wheat to the limit; let us economize and help war needs with our money; let all who can volunteer for essential war work and all stand by the Government, seeing that every registered man takes his place. No slackers; no evading draft, but trust in God and our Government; do our duty and be men.

# Raise More \* Spend Less **Buy Better** AND Save To Win

Lard 25c per Pound THIS WEK

W.F.BAKER

THE BLUE FRONT

OPPOSITE THE COUR'T HOUSE

## War Time Sweeteners

MERICA has several excellent war time sweet-eners that will be used largely during the shortage in the sugar supply.

They are maple sugar, syrups, honey and molasses and may be used in preparing des-serts and other dishes requiring sweetening.

When a cup of syrup or honey is used to replace a cup of sugar the liquid in the

replace a cup of sugar the liquid in the recipes should be decreased one-fourth. One-third of a cupful of sugar is equivalent to one-third of a cup of honey, about one-

half cup of syrup and about one-half cup of corn su One-fourth of a cup of sugar is equal to about one-half cup of syrup or one-third cup of corn sugar. One table-spoon of sugar is equal to one tablespoon of honey, about one and one-half tablespoons of syrup and one and onethird tablespoons of corn sugar.

Sugar may be saved by the use of raisins, dates, figs, dried pears and fruit pastes used on the breakfast cereals. Fruit marmalades, butters and jellies should be used to take the place of the ordinary sweetening at a meal and not as accessories to it. Fruits may be preserved without sugar. It may be added when sugar is more plentiful.

Preserving demands this year a thin syrup instead of a heavy syrup.

If sugar is used one-half of the amount may be replaced

Drying is a means of preserving (without sugar) ap-

ples, cherries, strawberries and black caps. When ready to use they may have added the needed sugar in the form of a syrup. When sugar is more plentiful fruit juices may be made into jellies or may be used as fruit juices with or without sugar, as beverages, fruit gelatins and frozen desserts.

Fresh fruits supply the place of sugar in the diet. They should be used freely. Desserts where sugar is scarce may be made of gelatins, junkets, custards, puddings and





British Get Two Pounds a Month. French Pound and Half, Italians One Pound.

GERMAN SUPPLY PLENTIFUL

America's new sugar ration of twe pounds a month per person is equita-ble when compared with the sugar ration enforced by rigid governmental tions with which we are sharing sugar. Each Allied nation-in the matter of est possible equal terms the hardships imposed by greatly altered conditions in the world sugar situation.

Formerly classed as a luxury, sugar and just division of this essential is 'ood controllers.

The United States Food Administraion has asked this nation to observe ounds per person a month.

In the other countries at war with lermany sugar is one of the scarce articles on every menu-whether in he households of both rich and poor, or in the hotels. England today has a sugar ration

of two pounds per month per person. in France the ration is a pound and a half and in Italy it is one pound a month. And the prices in allied coun tries are from two to three times as high as in America.

France these days and order tea or coffee they serve absolutely no sugar with it. If you want sugar you must bring it with you.

In England it is allowable to us

one-seventh of an ounce of sugar in the preparation of each luncheon. In France many persons carry little saccharine tablets about with them for use in hotels and in England rich and poor must take their sugar with them while visiting friends. Before the war started France had

625,000 acres devoted to sugar production. By 1917 the French sugar acre age had decreased to 180,000 acres. Today the French man or woman with a sugar card has no assurance whatever that he or she will be able to actually buy sugar. To buy ft, one must first

Italy Has "State Sugar." Especially drastic regulations govern the use of sugar in Italy. Its manuly controlled, and in part actually taken over by the state.

Saccharine is permitted to be sold and used as a substitute for sugar and the government manufactures a mix-ture of saccharine and sugar called "State Sugar," which is largely used. German Sugar Ration Adequate. Germany, before the war, produced

a great surplus of sugar and exported large quantities. Today the Germans have virtually gone out of the export business, but have plenty of cheap sugar for home use. Wholesale prices prevalent in the Allied nations, according to informa-tion received by the United States

Food Administration are as follows: England, 10 cents a pound; France, 12 cents; Italy, 26 cents.

While these high prices are being paid abroad the American wholesale

# SHARE OUR SUGAR WITH THE ALLIES FOURTH Liberty

The campaign for the Fourth Liberty Loan will begin Sept. 28 and close October 19. The result of the loan will be watched than when the war opened. The the bank if you have sheep to with keen interest in Europe, not only by our associates in the war against the Teutonic powers but by our enemies. It will be regarded by them as a measure of the American people's support of

The Germans know full well the tremendous weight and signficance of popular support of the war, of the people at home backing up the Army in the field. As the loan succeeds our enemies will sorrow; as it falls short they will rejoice. Every dollar subscribed will help and encourage the American soldiers and hurt and depress the enemies of America.

The loan will be a test of the loyalty and willingness of the peosugar consumption-is sharing on near- ple of the United States to make sacrifices compared with the willingness of our soldiers to do their part. There must be and will be no failure by the people to measure up to the courage and devotion of our men in Europe. Many of them have given up their lives s now a war time essential. The fair shall we at home withhold our money? Shall we spare our dollars n the hands of the various Allied while they spare not their very lives?

The Fourth Liberty Loan campaign, no American doubts its success; no good American will fail to contribute to its success. The voluntary sugar ration of two blood of our men fallen in Europe calls to us; our answer must be and will be worthy of them and our country.

### **MORE THAN 70,000** GERMANS CAPTIVE

Since the being of the Allied counter offensive on July 18, the If you go to a hotel in England or Allies have taken more that 70,000 prisoners and more than 1,000 guns, the Echo de Paris states today. In addition, it estimates more than 10,000 machine guns have been captufed by the enemy

### GERMANY IS COMPELLED TO SEEK AID FROM AUSTRIANS

Germany has been compelled to call upon Austria-Hungary for elp on the western front and Austro-Hungarian troops are arriving there. These troops are being sent to quiet sectors of the front.

An Austrian division which Emperor Charles sent hurriedly westward to help out his hard-pressed German ally has not yet yet appeared in the line. It is at present, in fact, encamped in Belgium and is reported as showing no anxiety to get into the raging furnance to the southwest.

Bullock.-Estill and Forrester lins Sunday.

Mullins was in Mt. Vernon from WITHER S Friday until Sunday.—Rev. Parker filled his regular appointment Ben Mullins was in McKee last at Cave Ridge Saturday and Sunweek. -Lee Ingram and wife and day.—Miss Ada Mullins who is little daughter Hazel, of Bond are teaching over in Jackson was visiting relatives at this place .- with her parents Saturday and Mrs. Tom Allen and children, of Sunday .-- Misses Minnie and Ola Berea, visited her parents, Mr. Durham, of Cruise, were with and Mrs. Thos Daugherty last their grandparents, Mrs. and week .- Borned, to the wife of Mrs. Thos. Daugherty Saturday Ben Mullins, August 4 a girl. - and Sunday. - Misses Rebecca J. H Mullins and J. H. Roberts and Fannie Allen accompanied was in Livingston Monday .- Mrs. by Mrs. Henry Black visited Estill Mullins returned from a their sister, Mrs. Jack Howard visit with relatives at Harrison of Cooksburg Sunday. - Miss Tuesday. She was accompanied Sarah B. Roberts was the guest home by her sister, Miss Ellie of her friend, Miss Mary Mul-

### SHEEP-WOOL

A WAR CALL.

need more sheep. The United bank will soon have a Farmers States has a million fewer sheep Exchange Board for use got world is short 54,000,000 sheep. sell or to duy, and let's transfer The need of wool is constantly in this County. increasing. Our army needs more wool every day. It requires ROCKCASTLE COUNTY the wool from 20 sheep to clothe ne soldier. Sheep will give you two crops each year-Wool

The most effective Dog Law in the United States now protects first Saturday in September | the you against the sheep-killing dog. Live sheep are worth more than ever before. The price of wool membership. All the sheep raisers is good and fixed.

It is our patriotic duty to raise sheep and help clothe one soldier, if you can't clothe one entirely. 100 at the first meeting. Every Investment in sheep is a sound farmer in the County is urged business. Sheep are an asset to to be present on the first Saturyour community They restore day, in the afternoon of Septemsoil fertility, they are profitable ber meeting held in Court House. and supply necessities to our The Articles of Association are people.

REMEMBER. That when you fail to respond sociation in the County. when called upon, you cannot call

yourself a Patriotic American. A SUGGESTION.

If you have ewes and ewe ambs and must sell-besure and find some one in the County who wants sheep—there are a number of farmers in our county who want speep. Our Live Stock Signature of Chart Ilitcher.

Committee of which Mr. H. T. Young is Secretary-write him, for if you have ewes to sell also if you want to buy, this committee Our County, Rockcastle County will look aftelicyour needs. Our

SHEEP GROWERS

Tuesday Aug. 6th, the Rockcastle Co. Sheep Growers Association was organization. The Association meets to perfect the organization and to record its and those who are interested in raising sheep are asked to be at the first Annual Meeting. We want the membership to reach to be adopted-Come and be a a part of first Sheep Growers As-

> Robert F. Spence, County Agent.

### CASTORIA

For Infants and Children In Use For Over 30 Years

### THERE'S A THRIFT MESSAGE For our customers in each article here

Advertised

Lawns worth 15c a yard now 10c a yard, Voiles worth 30c a yard now 25c a yard. Foulards worth 30c a yard now 25c a yard 25 inch Percals worth 25e a yard now 15c 36 inch Percals worth 30e a yard now 20c worth 25c a yard now 20c Ginghams Ginghams worth 30e a yard now 25c

Nainsook 25c and 30c a yard.

36 inch Blue Silk Taffetta \$1.50 a yard.

Plaid and striped silk Taffetas, \$1.60 to \$2. a yard.

Good quality 36 inch Black Taffeta \$1.35 a yard.

Best quality 36 inch Black Taffeta \$1.75 a yard.

36 inch Silk Poplin, all colors \$1.00 a yard.

Summer Kool Silks in beautiful plaids \$1.00 a yard.

It's hardly necessary to emphasize the fact that these prices take on double significance this year. Make it your economic duty to take advantage of them.

ROBINS BRODHEAD

### Mt. Vernon Signal

FRIDAY, Aug. 16, 1918

Published every Friday by ROGAR S. ALBRIGHT.

SUBSCRIPTION ONE YEAR \$1.0

Advertising rates made known on application

MEMBER OF KENTUCKY PRESS ASSOCIATION



Mrs.W.P. Rigsby, of Preachers ville, was here b'riday the guest of Mr. and Mrs. Walter Robins -Mrs. Joe Mckenzie is with her Pike, known to the boys here as Gov. Pike, and he is stationed at Fort Benjamin Harrison - Mr. J. T. Lawrence has been quite sick, but is better at present .- C. A a two-seated trailer attached, to Ben Craig, of the Quail section, and they met here last Sunday to deliver the machine and the cast. and young Craig while trying out taken and if you chance to see see that no Boche raider had a the machine let it get away from him, or in other words it became unmanagable, and went off over the cliff near the residence of Mrs. R. S. Martin into the river. Luckily Mr Craig was not serious. ly hurt, only sustaining a few cuts and bruises, but the machine was completely wrecked, and r ght on the spot he agreed to disagree with it and sold it back to Mr Wheeldon, who sent it to the fac- people were on the streets enjoy. made their appearance before the tory for repair -Mrs. P. A. Shelton is spending the week with her sister in Boston. - Miss Joe Davis, of Mt. Vernon, and Miss Thelma Pilkenton, of Corbin, are the guests of Miss Butrice Shelton. Dr. Smith, who is with her moth er, Mrs John Riddle, is very sick. -Mrs. R L. Smith, of the Hiatt section, who is confined to her bed one of the principle streets, Rue I told him they were the Marines and technical aviation library. with typhoid is reported better. -Prof. J. O. Cannon, who recently Howard E. Taylor of Berea Col- went into hysterics. From the press used by the aviators in isentered into contract with the board of trustees as principal of Brodhead Graded and High School arrived one day last week in a the dedication, which was held in caranations were showered in household goods were unloaded and with his lady they managed to stay over night, but early next into the truck and left the dig gins The only excuse the Professor offered was that his lady wouldn't live in a town like Brod head. We admit that there may that there is a man, and especially ers stand and seats for all the very air with daring feats over a school professor, in the state officials were just across from head. Looping the loop, back that is worse "hen pecked" than is the Carnon unloaded here, aud strated here we suggest that it could see as we went to the cele- seemed you could almost touch to a pop gun. The board con- been announced for the parade. wings of his macnine glistening tracted with Prof Strange, of the same as if the Cannon hadn't could thardly believe that these then followed the parade to exploded here at all. We hope, people have been engaged for yther celebration which you no however, that Mr. Strange wont four years in a death struggle doubt read about and will take act as strange as the cannon did. for their national existence, but too long to tell, as they read

aunt, Mrs. Larkin Hicks.



E. R. GENTRY

July 7, 1918.

everal other interesting fea looked like a heap of reses, carna tures including the singing of tions and every kind of flowers the National Anthems of Great to be seen. The speeches of ded. Wheeldon sold a motorcycle with Britian, the United States and ication and response were cheer-France, by singeus representing ed at almost every word. People the three nations. There were Great French aeroplanes pat this week.—A little son of Mrs flowers and be happy. The greeted with storms of "Bravos" du President Wilson and Mr. motor truck from Carlisle. Their the Place d Iena around the great profusion upon the smart, clean morning loaded their belongings arranged in half circles on either regiment of French soldiers and

### American Demonstration in Paris

Hellen Thurmond and taught in You will no doubt read about it at "Tommy" and the "Poilu" hundred acres and surrounded the school bere -- Born to the in the papers, but will enjoy my beamed on both, while the by a high stane wall They wife of John Sigmon, a republican telling you about it more Of French ladies bestowed flowers Thursday of last week, and tha course it was the luckiest thing and smiles on all petite French youngster will answer to the nam in the world for me that I could Madamoisell, even pinned a rose of John Lewis .- Mrs. L. M. Brown, be in Paris at that time I went in the button hole of your buswho has a good position with the on the 2nd and all day of the 3rd band and I meant to send it to L. & N, at Louisville, was with people were decorating every- you, but I lost it. We reached her parents, Mr. and Mrs. J. G where. There must have been the place in time to see all the Frith, here Sunday, -Mrs O. R. millions of Americans and French French officials arrive in their Cass is visiting her sister, Mrs. flags and no where one without carriages, the one bringing the Brack Durham, at Jackson this the other, and by night the great President being drawn by a span week. On Sunday morning Mr. city was bedecked in all the of nice blacks one of them look Cass received a message that their beauty that flowers and the ing so much like "Rex" that I little son, Lester Ryland, was Grand Old Stars and Stripes almost thought it was he. On the very sick and left immediately in could produce. Late in the af platform, besides President Poinan automobile for Lexington ternoon I was on one of the main care, were M. Clemenceau, the where he got a train to Jackson. streets and heard a band coming. French Prime Minister, David The boy is better and they will It was leading a regiment of Loyd George, the British Prime return home in a few days - French Infantry, just back from | Minister, Sir Robert Borden, Mrs.O.A. Frith was in Mt Vernon, the fighting line for the purpose Premier of Canada, Marshall Sunday, the guest of relatives .- of marching in the pardade thd Joffre, the Ambassador from all Justis Coffey, and Alfred Pean in next day. They were a great the Allied countries, including his "Lizzie" to Lexington to see sight, with their steel helmets, our own Ambassador, and nearly RED Forest Coffey .- Levi Estridge, who fully equipped and their rifles all the Prime Ministers. Also recently sold his farm on Copper and bayonets glistening in the the President of the French Sen Creek, returned a few days ago sun. They were just from the ate and Chamber of Deputies and from Indiana where he purchased a fifty-three acre farm for seven thousand dollars. Mr. Estridge worn and dirty, faces was said to be the greatest conthe where a model village for will move his family there about besmirched and unshaven, but gregation of world known state abry where a model village for the first of December. - Born to you forgot all that as they swong men gathered in one body since families with tuberculosis mem the home of Mr. and Mrs. Walter down the street with a smile and the war began. It was a wonder. bers is being established. Foun-Robins, Thursday, of last week, a a song, and with a wild flower of ful meeting to be held at this dations for forty more such -Mr. and Mrs. C. A. Wheeldon, of some kind from a rose on down, time with the Germans in less houses have been completed Laucaster, were with her sister, stuck in the barrel of his rifle, than forty miles The great These houses are so built that Mrs. Dick Martin, here last week. You only remembered that they statue of Washington, standing the patient can receive outdoor were heroes, every one. That in a kind of Square was showered night I at ended the meeting at with flowers, after some little the Soldiers and Sailors Club, girls in white had devoutedly sister, Mrs. Walter Robins, this which was addressed by Marshall placed a large wreath at the foot week -It is now Sargeant Jas. B. Joffre, the Hero of the Great of the monument When they Battle of the Marne, besides were through, the monument

several pictures of this meeting roled the Heavens overhead to one of them you can possibly find chance to disturb. As the cere me in it. The morning of the mony closed and the three thou Fourth dawned cloudy and with sand American soldiers fresh every appearance of rain. I was from the fighting line, including on the streets before eight two companies of the Marines o'clock and they were already who drove back the Germans at crowded. The French Govern- Chateau Thierry, headed by their ment having declared a holiday, military band and escorted by a all stores were closed and the detachment of French, cavalry ing the day as only the French assembled statesmen, the great can enjoy a fete day. Everybody grandstands on either side of happy, with nothing to do but the line of march shook with cover themselves and everybody cries of "Vive L'Amerique" else with American flags and Each reginents colors were greatest event of the day of When a Frenchman ask me what course was the renaming of the the blue banner represented and and mending shop, barber shop from Chateau-Thierry, he almost It also contributed a printing lege had managed to get us two stands, windows and even tops of invitations for seats to witness houses, roses, dasies, lillies and statue of Washington on his shaven, and yet war ttred fighting horse. There were amptheatres men in khaki. Then followed a side of the monument with just last a compeny of Red Cross room for the troops to march nurses, both receiving great between and we were located ovations from the crowd. All just to the right and a little in during the parade, a daring be better towns but we doubt front of the statue. The speak French aviator was charging the us so we got a good view of ward and forward; making if the gentlemar cannot govern everything that was done as well spiral descents and swooping his house better than he demon as the parade As far as we down over the crowd until it would be wise to change his name bration along the line which had him with your hand, the great Glens Fork, Ky., and school will I have never seen so many peo in the sun, which then bursted begin next Monday week, just ple, and everybody happy. You from behind clouds. The crowd

noon, as I can see running and taught everything including musbase ball games at home, but ic and art. The large music instead went out to St. Denis, room is filled with pianos, as the burying place of the French every girl has her own and the Kings rnd sometime will tell teacher told us that they all pracyou about it, the great cathe- ticed at once. I do not see how dral and the tembs of Kings they can do it, because I counted Mr. Taylor and I were together seventy five pianos in that room. and had an invitation to the It was very interesting to Mr. reception which was given at Taylor being a College man, and the American Embassy that af I thought I was never going to ED GENTRY ternoon at Five o'clock, but got get him away. Altogether it was so interested in the place and an a Red Letter day in my life and old school out there which was one I am sure I can never forget. founded in 1807 by Napoleon I would send you some clippings Writes About Great that we missed the reception. I from the pipers but am sure there did not mind that because the will much more about it in your School was the most interesting papers than here, because pgper thing of the kink I have ever space is scarce here, our large seen It is maintained by the dailies being no larger than the State for the education of daugh. Mt. Vernon Signal There were and no honor seemed to be to tars of French soldiers who have lots of pictures taken of the diffgreat to bestow upon it. I saw been decorated with the Cross of erent celebrations. If you see I had a great time in Paris a French woman run up to an the Legion of Honor and no any in the papers and magazines, BRODHEAD July 3rd and 4th and meant to American Red Cross nurse who other can be admitted. During please save them for me. Mr. and Mrs. J. Thos Cherry, write you yesterday but was was carrying a flag and kiss it in the term just closed they had want them for souvenirs. and Mrs. Frazier Hunt and little pretty busy. I mailed you a the most impassioned way sav- more than five hyndred girls I I must go to Mess. Please son, Master Frazier Hunt, Jr., letter from Paris July 4th which ing: "I love it! I love it! Ameri- wish you could see the kitchen send this letter to Edgar. of Crab Orchard, and Mrs H. E. you have already possibly re can soldiers were showered with and the great ovens All cook think be will be interested and I

Thomas, of Horse Cave, Ky., ceived but did not tell you any- flowers. Allied soldiers were ing utensils are all of solid copper am too lazy to write another this were in town a few hours Friday. thing of the great celebration in everywhere. "Tommy" laughed and there is a big park and hot Sunday afternosn. I will Mrs Thomas used to be Miss honor of our Independence Day, at 'Sammy'; "Sammy" grinned playground which covers several write you again tomorrow.

E. R. GENTRY.

### In U.S. Victory Army To Fight In 1919

WASHINGTON, Aug. 15.—An army of four million men in France, working in conjunction with our allies and under one commander-in-chief, will enable us "to go through the German line whereever we please," General Payton C. March, Chief of Staff, asserts.

# CROSS

Eighteen demountable houses treatment and live under the same roof as his family without endangering the well members.

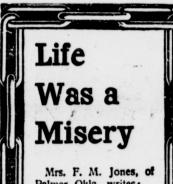
Forty delicate French children, predisposed to tuberculosis have been completely restored to health by treatment in the Edward L. Trudeau sanitorium supported by the American Red Cross These children are now being returned to their families Eighteen sufferers from bone tuberculosis shortly will be sent to the seaside for open air treatment to the shores of the Bay of

The former residence of the German Consul at Laon, France, has been secured by the American Red Cross and will be turned into a hospital for children with contagious diseases.

Officers and enlisted men from an American Aviation Instruction Center in France has sent a check for 5,000 frs. to the Red Cross as a mark of appreciation At this center the Red Cross maintains baths, laundry, can teen, disinfecting plant, tailor suing their camp newspaper.

CURE FOR DYSENTERY. "While I was in Ashland, Kassas, a gentleman overheard me speaking of Chamberlain's Colic and Diarrhoea Remedy," writes William Whitelaw, of Des Moines Iowa. 'He told me in detail of what it had done for his family, but more especially for his daughter who was lying at the point of death with a violent attack of dysentry, and had been given up by the family physician. Some of his neighbors advised by doing so saved the life of his sources of supply are low now. child. He stated that he had with equal gratifying results."

flag of ours a sure sign of victory the big field meet in the after. likes the home news.



Palmer, Okla., writes: . "From the time I en-. . I looked with dread from one month to the next. I suffered with my back and bearing-down pain, until life to me was a misery. I would think could not endure the pain any longer, and I gradually got worse. . . Nothing seemed to help me until, one day, . . I decided to

# TAKE

"I took four bottles," Mrs. Jones goes on to say, "and was not only greatly relieved, but can truthfully say that I have not a pain. . .

The Woman's Tonic

"It has now been two years since I took Cardui, and I am still in good health. . . I would advise any woman or girl to use Cardui who is a sufferer from any female trouble.' If you suffer pain caused

from womanly trouble, or if you feel the need of a good strengthening tonic to build up yourrun-down system, take the advice of Mrs. Jones. Try Car-dui. It helped her. We believe it will help you.

All Druggists

Every town board of the incorhave the people clean up, and all of imagination. the citizens in the county are earnestly asked to clean up their him to give Chamberlain's Colic premises, and keep them clean, and Diarrhoea Remedy, which and special care should be taken he did, and fully believes that as to drinking water now, as all

The following Kentucky coun also used this romedy himself ties voted the 20 cent road tax at the recent primary election: Pike, Martin, McCreary, Owsley, Subscribe for the SIGNAL, Woife, Fulton, Livingston, Nel here this week the guest of his they seem to see in this glorious most all alike. I did not go to send it to your soldier boy, he son, Shelby, Henry, Carlisle, Owen, Franklin and Grant.

### Children Cry for Fletcher's

# CASTORI

in use for over thirty years, has borne the signature of and has been made under his per-Sonal supervision since its infancy.

Allow no one to deceive you in this.

All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years

The Kind You Have Always Bought

### COUNCIL OF NATIONAL DEFENSE

The changing of raings as to classifications of drafted men causes some confusion, especially since married men have been for service, and much pressure has been brought to bear on the Local and District Board to change classifications, and have men at home for reasons ranging from corn crops to dependent invalid wives, and prospective dependent children. Many of these claims are sufficient to reclasfify the che appealing, but most of them have let the five days allowed for an appeal to elapse, and they are debarred from the benefits of such claims. Much fruit can be put up without Beard.

county that are making some fruit. No loyal American, with trouble that will be far reach. any resource and energy, is going ing if continued. One side wish to let fruit waste now, sugar or certain individuals kept out of no sugar. If you get without army service at any cost, and go sugar, please withhold adverse to ex remes The other side criticism, as the Food Adminiswishes all in draft age to go in- trators, County, State and Natto service, regardless of the cir. ional, are working long and hard cumstances. Between the two hours, all of working without salmany strange stories start about ary, that each family shall have classifications Somebody is mis- its proporonate part. taken There are either some bad rulings of boards, or radical misunderstanding of Trulinga among the people We are hop- NOTICE: - There has been a done this board, it will be vindinow this shortage has been some

### TO IMPROVE YOUR DIGESTION.

'For years my digestion was that I heard of to get relief, but not until about a year ago when saw Chamberlain's Tablets advertised and got a bottle of them tid I find the right treatment Since taking them my digestion being the only office in County ndiana, Pa.

We would call particular atten tion to the remarkable patriotism of the Rockcastle people. They are, from all repeats, eargerly conforming to all regulations of the various War departments : anything, in fact, that is intended to assist our boys who are rightng for us, that we may have that peace at home within the borders of America, free from in Rockcastle County, located such tyrrany as the German gov- right on Boone Way, close to porated towns is appealed to, to ernment had in her gigantic plot school, church, and post office,

### Food Administration

The wheat flour situation has been releved to the extent that wheatless days and meals may be dispensed with, for the present. There has been no change in the amounts that we can buy and the substitutes that can be need.

The Food Administration reccommends that farmers who have wheat which has smut in it communicate with Ballard & Ballard, Louisville. They are prepared to clean this wheat, and the Government has ruled that wheat, even tho bad, must not be fed this year!

If you have had a certificate to buy twenty-five pounds of sugar, please do not ask for a second one. I cannot issue it. I can issue a certificate for ten pounds at pres ent, but can let any family have a total of twenty-five pounds. This is no fault of the Local sugar. Corn syrup, sugar, honey, or anything else that will There are two factions in the sweaten can be used to put up

> H. T. YOUNG, Rockcastle County Food Administrator.

ing this can be legally cleared at shortage of Certificates on which once, and if any injustice is being to paste War Savings Stamps but what relieved and all persons in Rockcastle County who have bought War Savings Stamps and have no Certificate on which to paste them are requested to call so bad that I could only eat the at their Post Office or Bank and ightest food. I tried everything get their stamps on a Certificate. Anyone having one or more Was Saving Stamps on a Certificate can register them at the Post office in Mt. Vernon (this s fine '-- Mrs. Blanche Cowers, at which they can be registered) the same as if Certificate was

> W. H. Fish, County Chairman War Savings Committee.

FOR SALE - 1,000 cords, cord. wood, in the woods, part 2, some 3. 4 and 5 miles from station Call on Mrs Mary A. Pitman, or M. Pitman.

FARM:-If you are interested in buying one of the best farms call this office.

Mail, Telegraph or Tele

hone Orders Promptly

Filled

### granville owens Undertaker BRODHEAD COMPLETE LINEOF Coffins, Caskets & Robed



### Mt. Vernon Signal

MT. VERNON KY, Aug. 16 1918



### TIME TABLE

		JAS. LANDRUM, Agent					
21	South				12:13	a	t
	south						
	north						
	north.						

Phone No. 8. entered at the Mt Vernon, Ky. Postoffice

### PERSONAL

Logan Bryant has landed in

Miss Jo Davis is with friends in Brodhead.

Fred Murrel is very sick with throat trouble. Miss Ethel Azbill is back after

several weeks vacation Mr. and Mrs. William Wallen,

near town, have typhoid. Howard Baker has moved his

family to Harlan county. Miss Emma Taylor is teaching at Maywood, Lincoln County.

Dan Roach the Insurance man is working the county this week. Chint Lair, of the Hiatt section is home from Detroit for a few

Tom Rowe, of the Hansford section has returned from Lockland, Ohio.

Judge S. D. Lewis was in Lexington during the week on legal

Harlan Doan is building a new residence on his place on the liatt road. liss Flora Pennington has re

ed from a tew days stay in oyd and Omer Chesnut are

loing Government work in Davnport, Iewa. W. O. Dilley has been appointed Superintendent of Terminals

D. Brock, of London town yesterday on profes-

Neal Parrett is in K

stalling the new plant for the W. J. Sparks Co.

Edd Redd is doing cleaning and pressing in the Griffin building near Spout Spring.

J. E. Woodall, the clever London traveling man, was with our merchants this week.

Wm. Poynter and family and G. S. Heatt and family motored

to High Bridge Sunday. Miss Georgia McFerron is vis iting her sister, Mrs. J. B. Cole

man in Louisville this week. Born to the wife of Arthur Daily, a ten-pound giul, on the driver. Mother and babe doing

ton, are with relatives here this here.

Turner. Miss Mary Juanita Adams, of Macon, Missouri has been a re-

cent visitor of Mrs. Richard Saving Stamps and Liberty those who had made the supreme Mullins.

Miss., to spend a month with her husband.

Mr. and Mrs. Hiatt, Misses Carry Lair and Ella Ramsey, and Fred Murrel motored to High McAdoo in an order effective im-Bridge, Sunday.

was here Sunday to see his sister, Mrs. W. H. Carmical, who con- Guire, son of the late Dillard Mc frigerator doors were not made tinues very sick.

formerly of this county, is with Goochland, this county, has been broke the eggs, procured a nice Brown Beauty, the American Expeditionary wounded is France. He has bruise over his eye, but he is Forces in France.

The Editor has been very sick all week and the paper was in charge of the office force and some of our good friends.

Dr. W. E. McWilliams, Brodhead, has been called to active duty and left Tuesday for Camp Green Leaf Ga.

Camp Taylor, were home this Tedd and they are trying to get a and you will be as well as ever.

They only cost a quarter.

ing the summer months

erville before her return.

day, and spent the day.

Victor Beck, who was in the drug business here fifteen years ago, but now Post Office Inspector was here on business last

Mrs. Victor Todd, of Quail, and Mrs. A. E. Proctor first of ing with the farmers sometime week.

J. Will Dooley, son of Isaac Dooley of the Conway section, left this week for Atlanta, Ga., his initial trip to Mt. Vernon this interesting and instructive feato attend an Officers' Training week. He remained for several tures of the trip -

Camp Taylor May 25th.

Mrs Jane Burk has received a letter from her son, Will, who has been with our boys in France for some time, stating he was wounded and in a hospital.

tha Burdine, and E. S. Albright, of the Ottawa section of Rockhad an enjoyable auto trip to castle County, was here yester-High Bridge, last Sunday.

William T. Adams writes from Journal. Cambridge, Mass., that he has about completed his Radio course

line of Government service some Circuit Court. weeks ago.

Bernard Monroe Franklin is spending a three-weeks vacation and his grandmother, Mrs. Geor- when he fell the day before on a tonics combined with some of ing at the freight house for a stone, Lexington, Ky.

another young son. Mrs Jones and the children are with her people near Winchester.

LOCAL

Kodak the children and Fish's finish the picture.

Ice became a little scarce this week, but no one went thirsty. Great Britain has in France veterinary hospitals that will ac-

comidate 48,000 horses. Col. Henry Wood was over from Wildie this week and is getting to be an expert Buick

Mrs. Hobart Griffin and young the bench W. M. Flippin, com- loaded a shot gun into his shoulson, George Samuel, of Livings- monwealth attorney, will also be

Miss Elizabeth Williams, of Somerset, in a letter to Dr. Bruner in jail here awaiting trial, or pos-Farms School, near Ashville, N.C. has conceded the Republican nomis spending a few days with Miss mation for U. S. Senator to the Doctor, however, the majority seas yesterday appeared the was small.

Bonds can say that every time sacrifice. He was the son of Mrs. Richard Mullins will our boys win a victory "over leave Friday for Hattiesburg, there" that this is a part of their Hardin Moore the Climax Post-

The sale of liquor in railroad stations or on railroad trains was forbidden by Director General mediately applying to all lines Dr. James Sams, of Louisville, under Government control.

Corporal Benjamin H. Mc-Guire, who several years ago to swing on. He overturned Jim McNew, of Richmond, Ind. was a prominent merchant of the refrigerator, spilled the milk been overseas about six months. still able to keep up his Thomas

Mr. and Mrs. John Payne of the Maretburg section have three sons in the service of our country. George and Tedd are tack your liver fails to perform already dealing a death blow to its functions. You becomes conthe dirty Huns on the Western stipated. The food you eat ferments and Edd, the last to go front and Edd, the last to go, of digesting. This inflames the went to Fort Thomas a week or stomach and causes nausea, vomamp Green Leaf Ga.

so ago. Mrs. Payne had a letter iting and a terrible headache.

Take three of Chamberlain's Tabest, Gar, and Casper Owens, of he had a letter from his brother liver, clean out your stomanh

Miss Zella Brown was home At a box supper at Pine Hill Miss Anna Belle Stewart, of to Miss Della McHargue.

Mr. and Mrs. G. M. Ballard. Allen Smith, Bradley Burdette, Misses Onie Silvers, and T. J. and Joe Cummirs write from Ball motored to High Bridge, Sun- Great Lakes Naval Training motor, and steamer travel thru Robert Bryan McKenzie is at close together and doing fine. home for a few days from Jeffer- A picture of these three boys as sonville where he has a position well as a hundred or more Rock- Alaska with a short excursion in the U.S. Quartermasters De- castle boys who are in the service can be seen at Fish's.

A. A. Holladay, of Lexington, a representative of the Farmers Union, was in town Tuesday get ting the names and addresses of some of the farmers. He says the President of the Kentucky and Mrs. Ora Todd of Level Union, Mr. E. L. Harrison, of Green were the guests of Mr. Lexington will arrange a meet-

days enjoying himself while his Arch Chasteen has received a auto was being repaired, and is was with the toys who went to been extremely pleasant and has secured several orders for his novelties of travel in the house. Call again and stay longer.

Mr. and Mrs. Logan McCall spent Sunday with his mother and sisters at Maretburg .-- Mr. and Geo. Owens spent Sunday Mrs. Mattie Mullins and son, and Monday in Mt. Vernon.-Robert, Misses Poynter and Mar- S. S. Purcell, a valued subscriber day, dealing in cattle .- Interior

Cull McClure and his son Ebb, were fined \$50.00 and ten days and will soon be operating on one in jail each for carrying liquor of our big ships on the Atlantic. into this dry territory. They greatly influenced by constitu Hyatt Crawford left yesterday were caught unloading from for Indianapolis where he will Train 21 from Lebanon a few take a special mechanical train- nights ago and had the goods on ing. He volunteered in this them. They immediately appealed cine is taken internally and acts

with his aunt, Mrs. Larry Bell a wound made in his abdomen and his grandmother, Mrs. Geor- when he fell the day before on a Mr and Mrs. Henry C. Jones. was playing with some compani-ons and had an open knife in his dients in Hall's Catarrh Mediof the Level Green section are hand when he accidently fell on cine is what produces such won. Memphis, Tenn., was here beejoicing over the arrival of the khife inflicting wounds from deaful results in catarrhal condi- tween trains Saturday, en route which he died.

> Neal Parker, of the Livingston O. All Druggists, 75c. Mrs Pauline Freeman, a woman tion. with a carnival show, at Paris last Saturday night and died at the Massie Hospital, that city. for sale cheap. Tuesday of the wounds. The Aug2 3t trouble came up over Parker's son being employed as ticket charge of murder.

Arch Allen, Sr., of the Red Hill section of this county is in a very serious condition as the redriver.

Circuit court convenes Monday, Judge B. J. Bethurum on to be a good shot when she under. Neighbors say that things have not been pleasant in the Allen home for some time and Judge B. J. Bethuruum, of this is the result. Mrs. Allen is sibly the grand jury next week

In the casualty list from overname of Thomas P. Moore, of Those who have bought War Climax, this county, as one of Joseph Moore and a nephew of master and merchant. He volunteered to serve his country a Meat year or more ago. His father had an official notice of his death yesterday.

Master William Fish had a novel experience yesterday when Syrup he made the discovery that re-Edison Jr., investigations.

A BILIOUS ATTACK. When you have a bilious at-

from Berea last week. She has School House last night \$50.60 Mt. Vernon, returned last Satur been working for the College dui- was raised for the benefit of day from a two months' trip the Red Cross. Boxes went through the west -She visited Mrs. James Rickels and two all the way from \$1 35 to \$8.00 eight schools similar to Langdon children are visiting relatives in Clifford Pitman being the high- Memorial and had conferences Stanford. She will visit Preach- est bidder and the box belonged with principals and teachers, con cerning new and approved methods in school work.

The trip also included railroad, Station that they are located the most beautiful sections of sections of the United States, Canada and the Territory of into old Mexico just before Americans were forbidden to cross the border-

There were unusual experiences of eating and sleeping in mud huts, forty miles and more from a railroad, in communities where no English was spoken, and a thrilling escape on board ship from a fire so pserious as to threaten the loss of the vessel-

The launching of our great battleship in San Francisco Bay E. M. Myera, representative of and from Seattle and the parades the Louisville Paper Co., made of Camouflage vessels were other

Icebergs, glaciers, and snows fifty feet deep as well as the card from his son David, stating pleased with the social amiability midnight sun which made it poshe arrived safely overseas. David of the people. Mr. Myers has sible to read without a light almost all night were among the

> The carload of Western mares sold at an average of about \$76.00 here Saturday. They were above the average western ponies and will make good brood mares and good workers when once broken.

CATARRH CANNOT BE

CURED. with Local Applications, as they cannot reach the seat of the dis ease. Catarrh is a local disease tional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Medithrough the blood on the mucous The little six year old son of Catarrh Medicine was prescribed were here Tuesday.—Mr. and Mrs. Mrs. John Bowles near Withers, by one of the cest physicians in Wm. Baker, sf Mt. Verson, was this county, died Monday from this country for years. It is here Monday between trains .sharp knife. The little fellow the best blood purifiers. The while. -Dr. Walker Owens, of Mt. tions. Send for testimonials free. F.J. Cheney & Co., Props, Toledo, section, this county, was shot by Hall's Family Pills for constipa-

> FOR SALE - One good team of work mules, wagon and harness,

JIM DEVAULT. turned from Corbin and Pineville, where they have been visiting FOR SALE:-Two good town seller at the show. The woman lots adjoining in Mt. Vernon. children, of Louisville, are visit has been arrested and held on a Good 4 room cottage, barn, every. ing her parents, Or.and Mrs. W.T. Amyx .- Dr. R G. Webb was in thing handy. Terms easy.

I. T. MEADOWS. DEBTS COLLECTED Accounts, Notes, Claims of all kinds collected anywhere in the world. No charges unless we collect. Reference: Farmers National Bank. Write us. May's Collection Agency, Somerset, Ky. 6-15 Office: Room 7 Masonic Bldg.

# CASH

CROCERY STORE PRICES in EFFFECT Until

AUG, 24th \$1.20 shed great crockedils tears. — Mrs.Ab Wolr remains very low Meal, 25 lb. sack Mrs. Georgia McClure was brought here Sunday from Mt. Pure Compound, by can \$11.50 Pure Lard by the can 14.00

S.C. Franklin, of Mt. Vernon, showed up Tuesday and thereby Rocky Hill Twist Tobacco, 3 for 25c steel cut coffee, lb. 25c with relatives at Mt. Vernon. Miners Carbide, Ib. 72 c few days with relatives in Berea

PILGRIM, Best cheap Coffee sold. PAY CASH AND SAVE THE DIFFERENCE

Coffee



Just consider the amount of time you spend in its company. It is with you two-thirds of the time.

Don't you think, then, that it deserves your best thought in selection, best care in service, and perhaps the advice of the men in our hat department in choosing?

We have a SWANN HAT for you



Thomas Farley, who has been

sick for quite a while, is very low

and not expected to live but a few

days. - Judge Cam Mullins and

to Mt. Vernon. - Mr. and Mrs. D.

M. Preston, were here Sunday en

route to Quail and Brodhead to

visit relatives - Dr. R.G. Webb

has his dwelling on Maple street

completed and will erect two more

near the same place.-G.S. Griffin

is in Louisville this week pur-

chasing goods .- Mrs. Oscar Ar-

genbright and children have re-

relatives. - Mrs. Earl Rice and

London, Monday, on business.

Joel Woodall, of near Brodhead,

was here Tuesday on his way

home from Laurel county .- Dr.

W.Amyx has returned from Cin

cinnati after a few days sojourn in that city. — Our Brodhead friend claims that when he gets

straight after us we show the white feather. We will say who

our back on an enemy, and are

as independent as a hog on ic

and speak our sentiments, let

them please or not and would not exchange our conviction to wear an earthly crown or wield

septor, but our friend knows

that we can make our defense

much greater, but this we will keep in reserve for a future date,

but will say it will make onr

friend set up and take notice and

and continues to grow weaker .-

Vernon, where she had the mis-

fortune to get her leg breken. She is still unable to walk.—Well,

saved us the trouble of inserting an add in the Signal to read ' Lost

Strayed or stolen."-- J. A. Oliver

has sold his property on Main

street to Emmet Quinn; price not

learned. - Mrs GeorgeSowder has returned from a few days' visit

Mrs. W. G. Niceley is spending a

this week. - Mrs. W.R. Ward and

never forsake a friend or turn

### LIVINGSTON Summer Deliveries C. A. Blanford, who has been agent for the L.&N. at this place of Next for the past seven years is taking a three-months vacation. - Mrs.

Take Advantage Of Summer Weather Conditions

Winter's Supplies.

STOCK UP NOW

When transportation is easiest and the demands on the railroads are relatively the lightest, and store for · winter use such supplies as

### Fuel, Raw Materials and Reserve Stocks.

The demands upon the railroads for transportation during the coming winter months are going to be heavy, and all shipping that can be should be done now to relieve the lines of just that much hauling later when there will be congestion and the car space will be so badly needed to transport war materials, farm products and other freight which cannot be shipped at this time.

It is not only the part of wisdom to lay in your winter supplies and do your shipping now, thereby assuring prompt delivery, but it is your patriotic duty to do so, Do not hold back your freight; arrange for all possible shipments now.

# TIMBER

12 to 16 inches, \$4.00 per 100 17 to 18 inches. 5.00 per 100 19 to 20 inches, 6.00 per 100 21 to 22 inches, 6.00 per 1.00 23 inches and up, 8.00 per 100

Common \$18. per 1,000 OAK AND POPLAR Good 28. per 1,000 DELIVERED ON YARD

WILL BUY ASH OR HICKORY Phone 84 MT. VERNON, KY.

122 clb and son, Glenn, of Hazzards, Ky., the earth. We are persuaded that has returned home after a few this is the hotest weather on rec Rockcastle Stock Pens. days' visit with relatives here. ord. With the Alhed armies There is a movement on by which In traveling over town there is crowding the Huns on all sides the Barn can be finished at once one thing you will notice and that killing and capturing them by the is the loafers seat, the loafers thousands. Wonder if the Brute and get to having our regular bench and the corners are unocu- of Berlin is not sitting up and monthly sales. Every stockholder pied, thanks to the ruling, "work or fight.—The man that has not sweated in the last few days must the wall." When a few more it you are not present you may be a statue or a superhuman per- thousands of the Americans are son, with the temperature playing placed on your trail, well, Mr. Bill, our advice is for you to make sun casting its sultry beams on your peace with your God.

GUS STAVERSON, Pres. Meet at C. C. Davis' drug store.

Who is Most Benefitted The Money You Earn?

You Are If you save it

Others Are If you spend it

Be true to yourself and deposit a small amount regularly with

The Bank of Mt. Vernon

3 per cent Interest Paid on Savings



Argument

in favor of this store is the fact that the most skillful mechanies always come here for theirs. You don't have to be fold the reason, You can easily figure it out yourself. COME AND SEE.

Mt. Vernon, Kv.

Opposite **Court House** 

THE DOCUMENT OF THE PARTY OF TH



Until you've tried finishing your floors with

Hanna's Lustro-Finish

you do not know what an easy matter it is, and how inexpensive. No matter how worn and scarred your floors may be, Lustro-Finish covers up all the defects and gives a floor the bright, lustrous finish of hard wood. Also the perfect finish for woodwork, furniture, and

every interior wood surface. Comes in nearly a dozen popular wood colors.

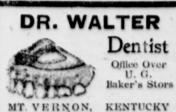
T. N. NOE



ENOCH MORGAN'S SONS CO. SAPOLIO

ECONOMY

"Actions speak louder than words"-Act - Don't Talk - Buy Now



Children C: FOR FLETCHER GASTOL

L. W. BETHURUM ATTORNEY AT LAW MT VERNON, RY. Will practice in all the courts.

Children Ory CASTORIA

### KENTUCKY'S HOW WAR MAKES YOU CROPS

Agriculture

BUREA OF CROP ESTIMATES LOUISVILLE, KY.

Aug. 10, 1918.

present may be summarized as can Medical Association. being a wheat crop of approxi

compared to 375,000 bushels com 4,999,000 bushels compared to tion associated with disease in all 6 720,000 bushels last year; and armies and navies. 361,171,000 pounds of tobacco "For some of the difficulties that

grown last year.

growout wonderfully from drouth damage in a very short time late in the season, and former reports the development of physical fit of great drouth damage to the nees are a soldier's first duty. tobacco crop have often proved Marksmanship, military tactics, deceptive because of quick drill and co operation avail com growth late in the season; How paratively little when energy, ever, the crop in Kentucky has strength and perfection of bodily apparently been seriously dam training are neglected or lacking

The buckwheat crop, near Somerset, is reported in good condition, with the increased acerage.

H. F. BRYANT, Field Agent, 620 Custom House, Louisville.

### HOPE WEL

ren spent Saturday with Mrs. conservation among those who Sowder's brother, George Perciful -- Rev. Thomas Clifford is tive fighting units In many holding a meeting at this place— cities and towns the 'homa guards,' composed of men bey nd with her cousin, Miss Grace the usual military age, are al-Hinos. - Miss Hattie Carmical, ready engaging in suitable physiwho has been in poor health for cal exercise with the express four months till remains very p.rpose of rendering themselves sick. -Wm Wallen is numbered more capable of the service which with the sick.—It is said by most every body that we are having the hottest spell of weather that has been for many years- aged, sedentary type of our citi-Miss Lucy Mink, the teacher at zens at all times, it becomes a this place spent Saturday and positive duty in a crisis in which Sunday with her parents near the highest co operation of each Brodhead.—There is a great deal individual is likely to be enlisted. of sickness in this part. Most every family that did not have whooping cough in the early spring have it now.—Mrs. Sarah nese men of an age beyond 50 en Hanks, of East Bernstadt is with gaged actively in the pursuit of relatives at this place.—Miss health as a patriotic duty. To-Sallie Sowder is visiting her sis- day groups of such persons may ter, Mrs. Mitchell Norton near
Freedom.—The Baptists Association will held at Union Ridge Church on Tuesday and Wed. sponding to some special pre nesday beginning the third day of scription of systematic exercise September.-Mrs. Della Baker, dictated by a medical examina-Louisville, is visiting relatives at this place. to under semi-official auspices. Boy scouts and other young perthis place.

### **HEALTH AND** TYPHOID FEVER attain a sound mind in a sound

At all times it is of much imfeeling the loss of time very keen. giene.' ly this winter. Typhoid can be prevented by cleaning up and keeping clean All toilets should be cleaned and lime used freely; all hog peas kept clern; no cesspools allowed in back yards; screens patched no and flies kept back than a plaster and does not out of kitchen and dining rooms. Every home in which there is a case of fever should be kept scrupulously clean, and all inmates of the house should be vaccinated as early as the disease is diagnosed as typhoid.



WANT A SOUND MIND AND BODY

How war, with its indetermin-Unite 1 States Department of able emergencies, its unusu l v cissitudes and its specialized minds in the most diverse direc tions, forces attention to innum erall, problems that pertain to health, is set forth by a contribu-Kentucky's crop prospects at tor to the Journal of the Ameri

"The elimination of the ravage mately 12,129,000 bushels com of disease among active troops to 9,000,000 bushels last has redounded to the credit of year; corn 166 774,000 bushel- modern sanitation and prophy. compared to 122 850,000 bushels lavis," says this authority. "Miliin 1917; oats 8,029,000 bushels tary hygiene has set as its goal compared to 8,060,000 bushels the attainment and conservation last year; rye 449,000 bushels of health in the great body of fighting forces. There is much pared to 375,000 last year; barley to be accomplished in the direc-138,000 bushels compared to 140, tion of eradicating unnecessary bushels last year; Irish potatoes physical inferiority or deteriora-

compared to 425,600,000 pounds present themselves an effective immediate solution is not in sight. Corn has been bidly damaged in other cises, notably such as by the drouth in some sections, are represented by the incidence but the late corn may be able of typhoid fever and other infecvery largely to overcome the tions among the troops, the lesdunage if the rest of the season sons of science are being applied with success. In any event, the Although the potato crop is ap world war has pointed to many deparently seriously cut, in this fects which need remedies. It is state, by the drouth, it should be a wholesome task to apply the remembered that tobacco can contributions of the past when the

This has been demonstrated again Late potatoes will probably and again among 'unseasoned yield better than the early crop. troops' Hence it is that so much attention is properly being concentrated on the establishmenr of health and vigor among groups of

men in training everywhere. "Athletic exercises compete with gun drills for recognition ia the routine of a future soldier. The unexpected adjunct to this is the widespread movement to ap Mis. Robert Sowder and child. Ply the same principles of health cannot be expected to join the ac-

"Only a few months ago it sons are similarly inspired. The war has brought an unprecedented desire on the part of many to at

"The obedience to a patriotic portance to observe sanitary rules, impulse is almost certain to bring but this year it is more important unexpected hygenic rewards and than ever before to use preventa- the enthusiasm for useful service tive measures. The seasson for of some sort, which has been Typhoid Fever is now here. Those awakened among! all ages and unfortunate enough to be suffer- classes of our population, and in ers from this disease will have all walks of life, is not to be withless care; the families can not out advantages in the domain of loose time to attend them without both personal and public hy

> THE BEST PLASTER. A piece of flannel dampened with Chamberlain's Liniment and bound on over the seat of pain is often more effectual for a lame

cost anything like as much.

PROPERLY FITTED GLASSES AT THE RIGHT TIME Greatest Importance,

If your eyes are showing any de-fects now is the time to see DR. MOORE, The Optician Food will Win the

Be a Producer As Well as Consumer

RAISE LIVE STOCK and POULTRY and GRAIN and VEGETABLES MAKE MONEY AND DEPOSIT WITH

### PEOPLES BANK

SAVE A PART OF ALL you carn. \( \int \) Money in the pocket burns, \( \int \) Pat it in the Peoples Bank. ♦ Open up a checking account with us, ♦ Your cancelled checks returned will show where your money has gone, and they will spur you on to save for the better things of life.

WE PAY INTEREST ON SAVING ACCOUNTS PEOPLES BANK # MT. VERNON, KY.

One Policy of "THE HOME OF NEW YORK" recommends another

"The Largest Fire Insurance Company in America"

# HOME INSURANCE NEW

Home Office: No. 56 Cedar Street ELBRIDGE G. SNOW, President

RESOURCES INVESTED IN AMERICAN SECURITIES

One Hundred and Twenty-Ninth Semi-Annual Statement

January, 1918 CASH CAPITAL 6,000,000.004 LIABILITIES -NET SURPLUS OVER LIABILITIES . \*Surplus as regards Policyholders, \$19,001,250.58

FIRE AND ALLIED BRANCHES OF INSURANCE Fire, Lightning, Automobile, Explosion, Hail, Marine (Inland and Ocean), Parcel Post, Profits and Commissions, Registered Mail, Rents, Sprinkler Leakage, Tourists' Baggage, Use and Occupancy, Windstorm, Full War Cover

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AGENTS IN CITIES, TOWNS AND VILLAGES THROUGHOUT THE UNITED STATES AND ITS POSSESSIONS AND IN CANADA

STRENGTH

REPUTATION

SERVICE

SIXTY-FIVE YEARS OF FAIR DEALING WITH POLICYHOLDERS PROMPT ADJUSTMENT AND PAYMENT OF LOSSES

Never was there a time when it was more important to carry Insurance on your property, than at present.

INSURE IN THE HOME.

The lowest rate and you are insured in the largest Insurance Company in America. See or phone

> E. S. ALBRIGHT MT. VERNON, KY.

MAP FREE!

|| Sunset Magazine | increases its rates to 200 per copy on news stands and \$2 00 per yearly sub-scription, beginning with September Issue, 1918.

A LAST CHANCE to subscribe to SUNSET

Magazine at the old price of \$1.50 per year and receive a Large Liberty War Map of the Western Battle Front, FREE

This remarkable offer is open to all whose subscriptions will be received at this office up to

August 15th, 1918.
Subscribe before this date and save the price of TWO THRIFT STAMPS "Kill two birds with one stone" Help the Government

and Yourself.

SUNSET MAGAZINÉ SAN FRANCISCO

FOR FLETCHER'S

IF AT ANY TIME YOU SHOULD NEED A

WAGON, MOWER RAKE, CORN or WHEAT DRILL

Disc Harrow, Plow, Cane Mill, Saw Mill, Corn Mill, Pump, Thresher,

Engine, Oil or Steam; Buggy, Truck, Binder, Silo or Cutter, Manure Spreader, Lime Spreader, Hay Bailer, Fertilizer, Pipeless Furnace; Hack, Tractor, I will guarantee delivery within one day. Keep them in stock and can furnish you with repairs at once for anything I sell you.

CALL ME AT LONDON, KY., OR SEE E. S. ALBRIGHT at Mt. Vernon Ky.

T.C. MORE

Dealer in Buggies, Wagons, Mills and LONDON, KY.

C.C. Williams ATTORNEY-AT-LAW MT. VERNON, KY. OFFICE. - On 2rd. floor of Bank of Mt. Vernon, on Church St. - Special atten tion given collections. PNONE 80

